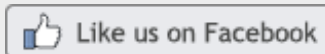




---

## *Down Syndrome Community March Newsletter*

*for the latest news and last minute updates, please like us on Facebook*



---

## **Join the DSC Board of Directors**

**This is an exciting time to be a part of the DSC Board!**

The Down Syndrome Community has openings for new board members! Join our energetic team now and help shape our future. If you're looking for a way to volunteer with a passionate group of people in a fulfilling role, you've found the right place. Help us continue to innovate and evolve into an organization that provides meaningful programs, events, and resources to all our members. We are in particular need of board members with fundraising, marketing and non-profit experience.

We also have one self-advocate position open.

**for more info, contact Alison Winfield**

[avwinfield@hotmail.com](mailto:avwinfield@hotmail.com)

This notice is the call for DSC Board of Directors nominees.

# MARCH 21: WDSD SEE THE ABILITY!



## DSC Friends Meet-Ups

*DSC Friends Meet-Ups are hosted by the DSC at **no cost** to you!  
Please join us and have fun!*

**Babies/Toddlers Ages 0-3** generally meets the 4th Saturday of the month  
**Contact:** Caitlyn Hanney [caitlinhanney@gmail.com](mailto:caitlinhanney@gmail.com)

We are up in the northend this month, and Justin and I would like to host everyone at our house for a potluck brunch to celebrate a belated World Down Syndrome Day. We will provide an egg casserole, beverages, and cupcakes. If you are able, please bring your favorite brunch item to share. ~Caitlin

**Saturday, March 26th 9:00am-11:00am**

Location: The Hanneys' house at 15529 32nd Ave NE, Shoreline 98155

**RSVP** to Caitlin (info above)

### **Ages 4-7**

**Contact Kara Freel-Sparks:** [kara@freelsparkslaw.com](mailto:kara@freelsparkslaw.com) 206-850-4129  
**or Shane Sparks:** [shane.sparks@icfi.com](mailto:shane.sparks@icfi.com) 206-351-6375

Let's celebrate World Down Syndrome Day together at Wunderkind in Bryant! Your child's play pass and pizza are included.

**Monday, March 21, 2016, 4:00pm-7:00pm**

[Wunderkind](#)

3318 NE 55th St, Seattle 98105

**RSVP** to Kara or Shane (info above)

**Tweens Ages 8-12** generally meets the 2nd Saturday of the month

**Contact Maura Dunn:** [mauradunn@comcast.net](mailto:mauradunn@comcast.net) 206-498-9872

**Saturday, March 12, 1:00pm-2:00pm**

[Alpha Martial Arts](#) (Bryant location)

2923 NE Blakeley St, Seattle 98105

Kids can wear loose, comfortable clothes. Bring a water bottle

**RSVP** to Maura (info above) by Thursday, March 9 so we know how many kids are coming

**Teens Ages 13-19** generally meets the last Sunday of the month

Contact Sue Adelman: [sadel47714@me.com](mailto:sadel47714@me.com) 734-274-1839 Facebook: [RaiseExpectations](#)

Transition Season is upon us. The [King County Transition Fairs](#) will be next month: **Saturday, March 19th** at Highline College and **Thursday, March 24th** at Microsoft. Would anyone like to get together to discuss this stuff? It is a lot of information and the more you see it the better :-)) We can also carpool to the transition fairs if that is of interest. Let me know!

How about a **Pizza and Movie Night** at our house in NE Seattle on **Saturday March 12th 5pm-8pm**? The teens can be in the basement, and the adults can chat upstairs. RSVP to me (info above) for address. Maybe we can even get a WSDS video of a favorite lip sync!

We will have a parent coffee/walk and chat on **Wednesday, March 16th, 10:00am** at Southcenter Mall. Meet at the KCLS library by JCPenny.

Also, Dev is now 19, so we'll be starting a new group for Young Adults, leaving open a spot for one of you to lead this Teen Friendship Group. Please let me know if you are interested.

~Sue

---

## DSC Moms' Night Out

**Saturday, March 19, 7:00pm**

Come celebrate World Down Syndrome Day with your fellow moms at the home of Mimi Smith in West Seattle. We'll have a potato bar, coloring and plenty of great conversation. Please bring a potato topping or your favorite dessert.

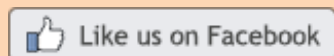
**RSVP** to Courtney Criss at [courtney@downsyndromecommunity.org](mailto:courtney@downsyndromecommunity.org) and you'll receive Mimi's address.

Please check the DSC online Events Calendar regularly!

<http://downsyndromecommunity.org/events-calendar>

Down Syndrome Community | 206-257-7191 | [contact@downsyndromecommunity.com](mailto:contact@downsyndromecommunity.com)

STAY CONNECTED:



[Visit our website](#)

To receive future DSC news by email [Sign Up Here](#)