



June 2017 Newsletter

In This Issue

[Spotlight On](#)

[New - DSC Summer Picnic](#)

[DSC Friends Meet-Ups](#)

[Moms' Night Out](#)

[DADS Night Out](#)

[Arc of King County
Upcoming Events](#)

[Washington State ABLE
Savings Plan](#)

Spotlight On



If you've been to a DSC event, you probably know who **Frannie Ronan** is. Most recently, she was one of the adorable girls who stole the show with their rendition of "So Long, Farewell" from The Sound of Music at last months' Talent Show. You also may have seen her in a recent Special Olympics Washington

NEW - DSC Summer Picnic

Save the date for our newest DSC event - a summer picnic!

The DSC is partnering with a new southend Down syndrome group to host an afternoon picnic in July. Come enjoy a beautiful summer day and meet up with old friends and make new ones! We hope you can join us.

When: Saturday, July 15, 11AM - 2PM

Where: Town Square Park, [31600 Pete von Reichbauer Way South, Federal Way, WA 98003](#)

More information to come later this month.



DSC Friends Meet-Ups

Babies/Toddlers (ages 0-3)

Contact: Jessieca Graff at jessiecaj@gmail.com

Picnic and Petting Zoo

Saturday, June 24th, 11:00 AM

[Kelsey Creek Farm](#), 410 130th PI SE, Bellevue, WA 98005

RSVP: [Jessieca Graff](#) or or look for details on our [DSC Friends 0-3](#) Facebook page.

Kids (ages 4-7)

Contact: Alison Friend Burchett at papershred@hotmail.com

Play Date at the Pak's!

Saturday, June 17, 1:00 - 4:00 PM

Join us in the West Seattle home of the Pak's for bouncy house fun! Big thanks to the Pak family for hosting.

RSVP: [Alison Friend Burchett](#) for address or look for details on our [DSC Friends 4-7](#) Facebook page.

Tweens (ages 8-12)

Contact: Jessica Evertt at jessicaevertt@hotmail.com

commercial as Officer Frannie (if you missed the commercial, you can watch it [here](#)). We wanted to find out more about this spunky 7 year old so we asked her a few questions.

Tell us a little about yourself: I am in 1st grade at St. Madeleine Sophie.

What is your favorite thing to learn at school? I like social studies because I like to learn about history and transportation.

What is your favorite thing to do at recess? I like to run and jump and visit the Vice Principal in the office.

What are your favorite things to do with your family (Mom - Becky, Dad - Michael, and 16 year old big sister, Bella)? I like to give them hugs. I like to do arts and crafts and play in the park.

To get to know Frannie Ronan better, check out the entire post on the [DSC website](#).

Stay Connected



Support the DSC While Shopping!

[Go to smile.amazon.com](https://smile.amazon.com)

Please check the DSC online

A Day at the Cougar Mountain Zoo

Saturday June 17, 3-5PM.
[Cougar Mountain Zoo](#) 19525 SE 54th St, Issaquah, WA 98027.

RSVP: [Jessica Evertt](#) by June 15 so I can buy your two tickets (one tween and one adult) and leave them at the Will Call just in case you are running late. Or RSVP on our DSC Friends Tweens Facebook [Event](#) page.

Teens (ages 13-19)

Contact: Kate O'Leary at kate.oleary@outlook.com

Grand Ridge Trails Day Hike

Saturday, June 17, 10:00AM

[Grand Ridge Park](#), Issaquah Alps

The teens will head to the east side to hike one of the [Grand Ridge trails](#). We will meet in the parking lot at the Central Park trailhead at 10:00AM. Central Park is nice, so we can plan an end of hike lunch in the park. Be sure to bring Frisbees, balls to play catch with, or a game of whiffle ball.

RSVP: [Kate O'Leary](#) or our [DSC Friends Teens](#) Facebook page for information.

Transitions and Beyond (and anyone else wanting to learn)

Contact: Sue Adelman at sadel47714@me.com

Check out our [DSC](#) Facebook page for the latest Transition and Beyond information and Friends Meet-Ups!

Moms' Night Out

Contact: Courtney Criss at courtney@downsyndromecommunity.org

Seafood with Friends!

Saturday, June 17, 7PM

[Duke's Chowder House at Southcenter](#), 757 Southcenter Mall, Tukwila, WA 98188

RSVP: [Courtney Criss](#) or at our DSC Facebook [Event](#) page.

D.A.D.S. Night Out

Contact: Justin Hanney at justin@hanney.net

D.A.D.S. Night at the Mariners!

Saturday, June 24, 7:10PM

Join the D.A.D.S. for a Mariner game against the Houston Astros. Tickets will be ordered in the bleacher section for all of those that RSVP in time. It's going to be a great evening!

RSVP: [Justin Hanney](#) by June 19.

The Arc of King County Upcoming Events

The Arc of King County has many great upcoming events that would benefit our community. Some of their events include:

- June 17 - Facing the Future Together: Succession Planning Workshop
- June 22 - Housing and disability: What are your options?
- June 24 - Special Needs Planning Workshop
- July 1 - Annual Ice Cream Social



Please visit their [Events](#) page on their website or their [Events](#) Facebook page for a

Washington State ABLÉ Savings Plan

The Washington State ABLÉ Savings Plan is a program for individuals with disabilities, but it is also a way for grandparents and others to contribute/bequeath money to family members with a disability, without jeopardizing their benefits.

ABLE accounts allow people with disabilities and their families to save for future expenses without losing their state and federal benefits.

The Stephen Beck Jr., Achieving a Better Life Experience Act of 2014 (ABLE Act) established the creation of ABLE accounts for people with disabilities. The Washington ABLE Program provides tax-advantaged savings accounts for individuals and their families to save for qualified disability expenses without losing federal and state benefits.

For more information, please visit [ABLE National Resource Center](http://ABLENationalResourceCenter.org). The new ABLE online portal will be available the first week of July, at washingtonstateable.com



FACT SHEET

ABLE allows individuals with disabilities* to save money for qualified disability expenses without losing their federal benefits
*Broad definition of disability - physical, mental, developmental, military-related.

Eligibility	Qualified Expenses
<ul style="list-style-type: none">- "Broad" definition of disability before age 26- Meets disability requirements for SSI or SSDI, OR Meets a "disability equivalent" standard for SSI	<ul style="list-style-type: none">- Expenses that may improve health, independence and/or quality of life- Expenses
ABLE Accounts	<ul style="list-style-type: none">- Housing- Basic Living Expenses- Transportation- Employment Training & Support- Academic Training- Personal Support Services- Health, Prevention & Wellness- Financial Management- Higher Education
Investment Options	<ul style="list-style-type: none">- Washington ABLE Program Features- Payroll Deductible- Withdrawal Penalties- \$10,000 maximum can be retained in account- Able! Simple website
Account Limitations	
<ul style="list-style-type: none">- \$14,000 annual contribution- \$100,000 total balance (for accounts pre-approved)- \$100,000 maximum can be retained in account	

* To meet requirements on college attending, not convicted and occupational subjects, only to receive any benefits would be hardship use of program or providing support. Funds in the ABLE program can't directly reach the year of contribution goal or employment or more. For more visit the year of contribution goal or employment or more. For more visit the year of contribution goal or employment or more.

Further information, including program details and ABLE Savings Account details.

Washington State Department of Commerce ABLE Program Contacts
Peter Tassoni, Disability Savings Manager 360.725.5128 peter.tassoni@commerce.wa.gov
Dina Caputo, Disability Program Manager 360.725.5115 dina.caputo@commerce.wa.gov