



June 2018 Newsletter

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Spotlight On



SPECIAL OLYMPICS
USA GAMES
SEATTLE 2018



Since the **2018 Special Olympic USA Games** will be held in Seattle next month, we decided to highlight the games in this month's Spotlight On. For those who haven't heard or don't know the specific details of the games, they will be held in the Seattle area

July 1-6, 2018. More than 4,000 participants representing all 50

2nd Annual Summer Picnic

Back by popular demand, we are once again hosting a picnic in a park! Town Square Park in Federal Way has a splash park, playground, zip line, basketball courts and more, so grab your swimsuits and sunblock and join your friends for a day at the park! The picnic is potluck so make sure to RSVP.

When: Saturday, July 14, 11AM - 2PM

Where: [Town Square Park](#), 31600 Pete von Reichbauer Way South, Federal Way, WA 98003



[RSVP Here](#)

Let's Start a Conversation...

Join us for an informal, round-table conversation about financial and estate issues that concern families who have children with special needs and what they should consider in planning and protecting their loved ones. Chat with other parents and/or family members who are dealing with some of the same challenges and listen to the Financial Advisers and Estate Planning Attorney from [F-Squared](#), [Pacific Capital Resource Group, Inc.](#) and [PCRG Special Needs Resource](#) who will be facilitating the conversation.

When: Wednesday, July 11, 6:30-8:00 PM

Where: Fairwood Library, 17009 140th Ave SE, Renton, WA 98058

iCan Bike Summer Camp - Volunteers Needed

The DSC and My Village Northwest are sponsoring an iCan Bike camp this summer! iCan Bike teaches individuals with disabilities how to ride a conventional bike in 75-minute sessions over the course of 5 consecutive days, using a fleet of adapted bicycles, specialized instructional program and trained staff. *This is a volunteer-run camp and we are looking for volunteers from our community.*

When: July 9th - 13th, Five 75-minute sessions throughout the day

Where: Magnuson Park - Hangar 30 6310 NE 74th St. Seattle, WA 98115

Click [HERE](#) for more information and to sign-up to volunteer. No biking experience necessary!



representing all 50 states and the District of Columbia, along with the support of tens of thousands of volunteers and spectators, will compete in 14 Olympic-type team and individual sports. The Games will celebrate the Special Olympics movement and its 50th anniversary; promote the ideals of acceptance and inclusion through sport; and showcase athletes from throughout the U.S. and the abilities of people with intellectual disabilities. They will also highlight Special Olympics' work in sport, education, health and community-building.

To continue reading the *Spotlight On* article about the 2018 Special Olympic USA Games, check out the entire [post](#) on the DSC website.

Stay Connected



Don't forget to use AmazonSmile while doing your online shopping and support the DSC! Click [HERE](#) to start shopping.

Please check the

Save-the-Date for Upcoming DSC Events

There are a number of events coming up over the next few months. Our calendars fill up quickly so add these dates today.

Upcoming Events:

21st Annual Megarama Day

Spend a day playing cowpoke with your family - horseback rides, hayrides, and lunch-on the kid-friendly, expansive M-Bar-C Ranch on beautiful Whidbey Island.

When: Saturday, August 11, 2018, 9:30 AM - 3:00 PM

Where: [M-Bar-C Ranch](#), 5264 Shore Meadow Rd, Freeland, WA

Click [HERE](#) for more information or to register.

22nd Annual Puget Sound Buddy Walk

Our biggest and most popular event brings together family, friends, professionals and community leaders from across Puget Sound for a day of celebration to promote acceptance, inclusion and respect of individuals with Down syndrome.

When: Sunday, October 14, 1:00 PM

Where: Seattle Center, Founder's Court **New Location**

Check out our [Facebook](#) page for the latest information about it!

Holiday Party

Come celebrate the season at our traditional potluck extravaganza, complete with a decorated tree, festive music and a visit from Santa.

When: Saturday, December 15, 5:30 - 8:00 PM

Where: Mercer Island Community Center, 8236 SE 24th Street, Mercer Island 98040

DSC Friends Meet-Ups

*DSC Friends Meet-Ups are hosted by the DSC at no cost to you!
Please join us and have fun!*

Babies/Toddlers (ages 0-3)

Contact: Jessieca Graff at jessiecaj@gmail.com

June

For our June outing, we are headed to a great park in North Seattle overlooking Puget Sound. Snacks provided. We'll meet at the playground and go from there! Please bring an outdoor blanket or something to hangout on. We're looking forward to seeing old friends and meeting new ones!

When: June 30, 10:30 AM - 12:30 PM

Where: Carkeek Park, 950 NW Carkeek Park Rd, Seattle, WA 98177

RSVP: [Jessieca Graff](#)

Kids (ages 4-7)

Contact: Courtney Criss at courtney.spears@gmail.com and Jessica Voetmann at jessica.voetmann@gmail.com

June

It's summertime and what better way to spend the day than with friends at a wonderful and welcoming playgarden! We hope you can join us.

When: Saturday, June 30 from 10:00 AM - noon

Where: [Seattle Children's Playgarden](#), 1745 24th Ave S, Seattle, WA 98144

RSVP: [Jessica Voetmann](#)

Tweens (ages 8-12)

Contact: Jessica Evertt at jessicaevertt@hotmail.com

June

Please check the
DSC online
[Events Calendar](#)
regularly!

Come hang out at a really cool gym that is for all kids! "We Rock the Spectrum Kid's Gym is committed to providing a safe, nurturing, and fun environment to foster learning, exploration and safe sensory experiences."

When: Saturday, June 16, 1:00-3:00 PM

Where: [We Rock the Spectrum Kid's Gym](#), 1910 132nd Ave NE Suite #7, Bellevue, WA 98005

RSVP: [Jessica Evertt](#) or on the DSC Friends Tween Facebook [Event](#) page. Siblings are welcome to this event.

Teens (ages 13-19)

Contact: Kate O'Leary at kate.oleary@outlook.com

We're still working on a potential time to meet for either this month or next. Be looking for information or an event on our [DSC Friends Teen](#) Facebook page.

Do you have ideas for a summertime teen activity? If so, please email them to [Kate O'Leary](mailto:Kate.O'Leary).

Moms' Night Out

Contact: Erika Mervin at erika@downsyndromecommunity.org

Stay tuned...be looking at the [DSC](#) Facebook page for information on our June Moms' Night Out! It will most likely be in the south-end.

Down Syndrome Community of Puget Sound | 206-257-7191
www.downsyndromecommunity.org | contact@downsyndromecommunity.org