



## May 2017 Newsletter

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### Spotlight On



**Lisa Herzig, M.D.** is the Assistant Professor of Developmental Behavioral Pediatrics at Seattle Children's Hospital. She recently opened the Down Syndrome Specialty Clinic located on the University of Washington Medical Center campus. For

our Spotlight On we thought we'd get to

### GiveBIG 2017 - Support the DSC!

#### Save the date on Wednesday, May 10 for GiveBIG

All donations to the DSC help to support our mission to provide impactful programs and resources for individuals with Down syndrome and their families while evolving perceptions in the broader community



When you make a donation to the DSC during GiveBIG, a portion of your gift will be matched by a group of generous donors. It's your chance to make a BIG difference!

Want to donate today? You can schedule your your donation early by clicking [HERE](#).

### Spring Fling and Talent Show

#### Don't miss out - RSVP today!

Our annual Spring Fling celebrates Down syndrome with a talent show and our annual meeting.

**When:** Saturday, May 20, 5:30-8:00 PM

**Where:** Highland Community Center, 14224 Bel-Red Rd, Bellevue, WA 98007



*Hot dogs, sides, desserts, refreshments! Free fun for all family and friends!*

**RSVP** [HERE](#).

**Interested in being in the Talent Show?** If so, contact [Courtney Criss](#) for information and to register.

**Want to volunteer?** If so, click [HERE](#) for information and to sign up.

### IFS Waiver Information Night

**Do you have questions about IFS Waivers or want to learn more about the process? If so, here's your chance to learn from the experts!**

*Presented by representatives from DSHS and DDA*

know the doctor responsible for this new clinic in our area.

**Tell us a little about yourself:**

*I am originally from Buffalo, NY. My mom is a doctor and, from a young age, I knew that was something I wanted to do as well. I went to medical school in Buffalo and then did my pediatric residency in Baltimore. After reading one paragraph about developmental pediatrics I knew that was what I wanted to specialize in. I came to Washington State to do a fellowship at Seattle Children's. I fell in love with the hospital and the people and patients I met. They were all very supportive of my ideas for a specialized clinic focusing on young children with Down syndrome.*

To get to know Lisa Herzog better, check out the entire post on the [DSC website](#).

**Stay Connected**



**Support the DSC While Shopping!**

Go to [smile.amazon.com](https://smile.amazon.com)

**Please check the DSC online [Events Calendar](#) regularly!**

know the doctor responsible for this new clinic in our area. offering it again at a new location. For those who weren't able to make it, here's your opportunity!

**When:** Tuesday, May 23, 6:00 - 8:00 PM

**Where:** Mukilteo Library, 4675 Harbour Pointe Blvd, Mukilteo, WA 98275  
Click [HERE](#) for more information.

**DSC Friends Meet-Ups**

**Babies/Toddlers (ages 0-3)**

Contact: Jessieca Graff at [jessiecaj@gmail.com](mailto:jessiecaj@gmail.com)

**Playdate at the PlayHappy!**

Saturday, May 27, 10:30 AM

[PlayHappy Cafe](#), 4114 198th St SW #3, Lynnwood, WA 98036

Both parents and kids will enjoy hanging out at this newest gathering place for families.

**RSVP** [Jessieca Graff](#) or or look for details on our [DSC Friends 0-3](#) Facebook page.

**Picnic and Petting Zoo**

Saturday, June 24th, 11:00 AM

[Kelsey Creek Farm](#), 410 130th PI SE, Bellevue, WA 98005

**RSVP** [Jessieca Graff](#) or or look for details on our [DSC Friends 0-3](#) Facebook page.

**Kids (ages 4-7)**

Contact: Alison Friend Burchett at [papershred@hotmail.com](mailto:papershred@hotmail.com)

**Explore the new KidsQuest Children's Museum**

Saturday, May 13, 1:00 - 3:00 PM

[KidsQuest Children's Museum](#), 1116 108th Ave NE, Bellevue, WA 98004

If you've driven into Seattle for the Learning Program that morning, make it a day and head over the bridge to Bellevue.

**RSVP** [Alison Friend Burchett](#) or look for details on our [DSC Friends 4-7](#) Facebook page.

**Play Date at the Pak's!**

Saturday, June 17, 1:00 - 4:00 PM

Join us in the West Seattle home of the Pak's for bouncy house fun! Big thanks to the Pak family for hosting.

**RSVP** [Alison Friend Burchett](#) for address or look for details on our [DSC Friends 4-7](#) Facebook page.

We're looking forward to what we have in the works for later in the year: yoga class in Bothell/Millcreek, home host in Kirkland, park playdates around the Puget Sound this summer!

Please send your ideas and input about places to meet up in your neighborhood, especially recommendations for great parks for this summer. To share information, ask questions, or rsvp for events, contact [Alison Friend Burchett](#) or on our [Facebook](#) page!

**Tweens (ages 8-12)**

Contact: Jessica Evertt at [jessicaevertt@hotmail.com](mailto:jessicaevertt@hotmail.com)

**ART!**

Saturday, May 13, 11:00 AM - 1:00 PM

[Wunderkind](#), 3318 NE 55th St, Seattle, WA 98105

Bring your tweens to an art class. The kids will be working with oil pastels and liquid

Bring your tweens to an art class. The kids will be working with oil pastels and liquid water colors to make a framed piece of artwork. We hope to have time at the end for the kids to play with Legos. Parents, while the kids get their art on, we'll go grab a bit to eat at a restaurant or cafe near by.

**RSVP:** [Jessica](#) by May 11, or on our DSC Friends Tweens Facebook [Event](#) page.

### **Teens (ages 13-19)**

Contact: Kate O'Leary at [kate.oleary@outlook.com](mailto:kate.oleary@outlook.com)

A possible hike is in the works for Saturday, May 13th, so either contact [Kate O'Leary](#) for information or check out our [DSC Friends Teens](#) Facebook page for information!

### **Transitions and Beyond (and anyone else wanting to learn)**

Contact: Sue Adelman at [sadel47714@me.com](mailto:sadel47714@me.com)

Check out our [DSC](#) Facebook page for the latest Transition and Beyond information and Friends Meet-Ups!

### **Moms' Night Out**

Contact: Courtney Criss at [courtney@downsyndromecommunity.org](mailto:courtney@downsyndromecommunity.org)

MNO is taking May off but our next night out will be in June somewhere in the South End. We'd love for someone to host so please email [Courtney Criss](#) with any questions or suggestions.

### **Down Syndrome Specialty Clinic**

The Down Syndrome Specialty Clinic located on the University of Washington Medical Center campus provides formal developmental assessments, consultation for behavioral concerns, and assessment for common medical problems that can contribute to behavior or development concerns. They also collaborate with schools and early intervention programs to help provide the best environment for success. At this time, they are only able to see children ages 1 through 10. The specialists available in their clinic include: developmental behavioral pediatrics, psychology, physical therapy, occupational therapy, speech therapy, social work, nutrition, genetic counseling, and audiology. Click [HERE](#) for more information.

Referrals can be faxed to 206-598-7815 to the attention of CHDD UWMC Down Syndrome Specialty Clinic. For any questions please call 206-598-3327.

### **Global's Webinar Series - May 2017**

#### **Multimodal Approach to Teaching Children with Down Syndrome Speech and Language Skills**

Wednesday, May 17th  
noon - 1:00 PM MST  
Global Members - Free  
Non-Members - \$10

For more information or to register, click [HERE](#).



Down Syndrome Community of Puget Sound | 206-257-7191 | [www.downsyndromecommunity.org](http://www.downsyndromecommunity.org)