



July 2018 Newsletter

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Spotlight On



A year ago, in anticipation of Seattle hosting the Special Olympics USA Games, The **Welcome Inclusion (WIN)** initiative was launched - with the aim of making King County a model for community inclusion.

We spoke with **Erin Brewer**, Director of Outreach and

Congratulations to all the athletes who competed in the Special Olympics USA Games! We would especially like to congratulate the athletes from our Community who competed: gymnasts, **Mia Crump**, **Frannie Ronan** and **Virginia Wade**; stand-up paddle boarder and Ambassador, **Devon Adelman**; and tennis athlete, **Maeson Harper**.



Let's Start a Conversation...THIS WEDNESDAY

Join us for an informal, round-table conversation about financial and estate issues that concern families who have children with special needs and what they should consider in planning and protecting their loved ones. Chat with other parents and/or family members who are dealing with some of the same challenges and listen to the Financial Advisers and Estate Planning Attorney from [F-Squared](#), [Pacific Capital Resource Group, Inc.](#) and [PCR Special Needs Resource](#) who will be facilitating the conversation. Click [HERE](#) for more information.

When: Wednesday, July 11, 6:30-8:00 PM

Where: Fairwood Library, 17009 140th Ave SE, Renton, WA 98058

RSVP: maura@downsyndromecommunity.org

2nd Annual Summer Picnic - RSVP Today!

Back by popular demand, we are once again hosting a picnic in a park! Town Square Park in Federal Way has a splash park, playground, zip line, basketball courts and more, so grab your swimsuits and sunblock and join your friends for a day at the park! The picnic is potluck so make sure to RSVP by Thursday, July 12.

When: Saturday, July 14, 11AM - 2PM

Where: [Town Square Park](#), 31600 Pete von Reichbauer Way South, Federal Way, WA 98003

[RSVP Here](#)



Learning Program 2018-2019 Registration

Give your child a head start on reading and math!

The DSC is offering 3 levels of the Learning Program for the 2018-2019 school year: Level 1 through Level 3. One Saturday a month, children receive small group



Outreach and Communications for WIN.

What is WIN?

WIN is a grassroots initiative designed to capitalize on the attention the Special Olympics USA Games is bringing to people with intellectual, behavioral, and social differences in our community. It was initially launched with a goal to have 250 businesses take the WIN pledge in the year leading up to the games, with the aim of affecting real and positive change in our community.

To continue reading the *Spotlight On* article about WIN, check out the entire [post](#) on the DSC website.

Stay Connected



Don't forget to use AmazonSmile while doing your online shopping and support the DSC! Click [HERE](#) to start shopping.

Please check the DSC online [Events Calendar](#) regularly!

One Saturday a month, children receive small group instruction with a focus on literacy, numeracy, fine motor skills and language development from special educators and therapists. Simultaneously in a separate classroom, parents in the program receive instruction on a wide range of topics.



Click [HERE](#) for more information, including class descriptions, dates, times and cost.

[Click to register](#)

21st Annual Megarama Day

Spend a day playing cowpoke with your family - horseback rides, hayrides, and lunch-on the kid-friendly, expansive M-Bar-C Ranch on beautiful Whidbey Island.

For more information, please visit the official Megarama website at www.megaramaday.com.

When: Saturday, August 11, 2018, 9:30 AM - 3:00 PM

Where: M-Bar- C Ranch, 5264 Shore Meadow Rd, Freeland, WA

Cost: FREE!

RSVP: If you are interested in attending Megarama Day or have any questions, email Ms. Kitty at MegaramaDay@comcast.net. She will send you an Evite to register.



Save-the-Date for Upcoming DSC Events

There are a number of events coming up over the next few months. Our calendars fill up quickly so add these dates today.

Upcoming Events:

22nd Annual Puget Sound Buddy Walk

Our biggest and most popular event brings together family, friends, professionals and community leaders from across Puget Sound for a day of celebration to promote acceptance, inclusion and respect of individuals with Down syndrome.

When: Sunday, October 14, 1:00 PM

Where: Seattle Center, Founder's Court **New Location**

Check out our [Facebook](#) page for the latest information about it! Registration information coming later this month.

Holiday Party

Come celebrate the season at our traditional potluck extravaganza, complete with a decorated tree, festive music and a visit from Santa.

When: Saturday, December 15, 5:30 - 8:00 PM

Where: Mercer Island Community Center, 8236 SE 24th Street, Mercer Island 98040

DSC Friends Meet-Ups

*DSC Friends Meet-Ups are hosted by the DSC at no cost to you!
Please join us and have fun!*

Babies/Toddlers, Kids, Tweens, Teens and Transitions

We invite all our groups to come to the DSC Summer Picnic. No matter your age, the park has something for everyone. It's a potluck - the DSC is providing sandwiches and families bring either a salad or dessert. We hope to see you there!

When: Saturday, July 14, 11:00 AM - 2:00 PM

Where: Town Square Park, 31600 Pete von Reichbauer Way South, Federal Way, WA 98003

RSVP: Click [HERE](#) for more information and to RSVP.

Babies/Toddlers (ages 0-3)

Contact: Jessieca Graff at jessiecaj@gmail.com

July

Come play at the park. A little more south! Please bring your family and enjoy all this park has to offer. Snacks provided. After there's a ice cream social that you're more than welcome to join. Bring blankets or chairs to sit on and sunscreen. See you in a couple weeks!

When: Saturday, July 28, 1:00-3:00 PM

Where: Meadow Crest Park, 3000 NE 16th Street, Renton, WA 98056

RSVP: [Jessieca Graff](#)

Kids (ages 4-7)

Contact: Courtney Criss at courtney.spears@gmail.com and Jessica Voetmann at jessica.voetmann@gmail.com

Be looking for information or an event on our [DSC Friends Kids](#) Facebook page.

Tweens (ages 8-12)

Contact: Jessica Evertt at jessicaevertt@hotmail.com

August

Grab your towels, sun block, and beach toys and join the Tweens for a fun day at a beach club on Lake Washington!

When: Saturday, August 19, 11:00 AM - 3:00 PM

Where: Windermere Beach Club in NE Seattle close to Children's Hospital

RSVP: [Alison Winfield](#)

Teens (ages 13-19)

Contact: Kate O'Leary at kate.oleary@outlook.com

Be looking for information or an event on our [DSC Friends Teen](#) Facebook page.

Do you have ideas for a summertime teen activity? If so, please email them to [Kate O'Leary](#).

Moms' Night Out

Contact: Erika Mervin at erika@downsyndromecommunity.org

"Picture-perfect food in a picturesque setting" -The Seattle Times. Come join your Mom friends for dinner at a delicious Mexican restaurant overlooking Lake Union.

When: Wednesday, July 25, 7:00 PM

Where: Little Water Cantina, 2865 Eastlake Ave E, Seattle, WA 98102

RSVP: [Erika Mervin](#)

DADS Night Out

Contact: Justin Hanney at justin@hanney.net

Let's end summer with a barbecue with the DADS! It's a perfect opportunity to catch up with friends or meet new ones!

When: Saturday, September 15 6:00-9:00 PM

Where: Justin Hanney's house in Shoreline

RSVP: [Justin](#) or cell 425-553-7339 for address

The Friendship Club!

The Friendship Club is a Federal Way Library program for adults with intellectual and/or

developmental disabilities, including dementia. All adult ages are welcome at this weekly get-together to enjoy each other's company while playing, listening to music, and munching on cookies. Caregivers and groups welcome!

When: Fridays, July 13th - December 28th, 10:30 AM - Noon

Where: Federal Way Library, Federal Way Library, 34200 1st Way S, Federal Way, WA 98003

Click [HERE](#) for more information.

The Arc of King County Healthy Relationships Program

The Arc's Healthy Relationships Program is a free workshop series for people with intellectual and developmental disabilities, ages 21 and older. Ask questions, play games and learn more about interpersonal skills in a safe, fun, social setting with your peers.



When: Wednesday, August 1, 8, 15 and 22, 12-3pm

Where: Federal Way Library, Federal Way Library, 34200 1st Way S, Federal Way, WA 98003

Click [HERE](#) for more information.

Please register online at <http://arcofkingcounty.org/services/healthy-relationships.html> or call 206.829.7059